

Michael Douglas, M.S. , A.T.C

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EDUCATION

Temple University

Doctorate of Athletic Training: D.A.T.
Anticipated Grad Date: May 2019

Life University School of Graduate Studies, Marietta, GA

Master of Science: Sport Health Science (Sport Injury Management)
Degree Received: December 2000

Morehouse College, Atlanta, GA

Bachelor of Arts: Health and Physical Education (Athletic Training)
Degree Received: December 1997

PROFESSIONAL EXPERIENCE

August 2016- Present

Assistant Professor

Morehouse College, Atlanta, GA

The primary responsibility is teaching selected courses in the department Biomechanics, Test and Measurement, Preventive and Therapeutic aspects of Sports Related Injuries, Physiology of Exercise and Physical Activity Classes. Responsibilities include teaching courses (a 4/4 load), advising, and mentoring students; engaging in scholarly dialogue on the role of Kinesiology in the African American community; and service to the department and the College.

May 2014 - Present

Director of Sports Medicine

Atlanta Dream WNBA, Atlanta, GA

It is my responsibility as Director of Sports Medicine to direct all aspects of player health care and act as a liaison between the players, coaches and the public. The duties include injury prevention, recognition, evaluation, and immediate care of athletic injuries. In addition to these duties are rehabilitation and reconditioning of athletic injuries, education, health counseling, professional development, health care administration, which include budget management, Claims management and Supervision of the Medical Staff.

September 2014-June 2015

Head Athletic Trainer

Grand Rapids Drive NBA Development League (Pistons) Auburn Hills, MI

It is my responsibility as Head Athletic Trainer to implement all aspects of player health care and act as a liaison between the players, coaches and the public. The duties include injury prevention, recognition, evaluation, and immediate care of athletic injuries. In addition to these duties are rehabilitation and reconditioning of athletic injuries, education, health counseling, professional development, health care administration, and Claims management.

October 2011 – July 2014

Head Athletic Trainer

NBA Development League Golden State Warriors, Oakland, CA

It is my responsibility as Head Athletic Trainer to direct all aspects of player health care and act as a liaison between the players, coaches and the public. The duties include injury prevention, recognition, evaluation, and immediate care of athletic injuries. In addition to these duties are rehabilitation and reconditioning of athletic injuries, education, health counseling, professional development, health care administration, which include budget management, Claims management and Operations staffing.

May 2011 – December 2011

Adjunct Professor

Morehouse College, Atlanta, GA

As Adjunct Professor I teach undergraduate Kinesiology and Sport Health courses as well as Athletic Training, and all other duties assigned by the department chairman.

May 2010 - 2014

Adjunct Professor of Health Sciences

Carrington College of California Online, Sacramento, CA

As Adjunct Professor I teach undergraduate Pathophysiology, Pharmacology, Sport Injury Management, Human Anatomy, and Sports and drugs.

October 2008 - May 2011

Head Athletic Trainer

N.B.A. Development League, Reno, NV

It was my responsibility as Head Athletic Trainer to direct every aspect of player health care and act as a liaison between the players' coaches and the public. The duties include injury prevention, recognition, evaluation, and immediate care of athletic injuries. In addition to these duties are rehabilitation and reconditioning of athletic injuries, education, health counseling, professional development, health care administration, which include budget management, Claims management and Operations staffing.

September 2009 – June 2014

U.S. Navy Reserve

Rank LTJG Program Officer

It was my duty as a Junior Officer in the Navy to support the leadership appointed over me, and to lead those that were put in my care. My duties consisted of Organization and Administration of daily plans, watch command, and all duties assigned by my commanding officer.

Adjunct Professor (online)

American Public University, Charles Town, WV

As Adjunct Professor I instruct undergraduate Athletic Training courses as well as Sports and Drugs and Biomechanics online. I develop new courses to expand the department. I also serve on the University's Industry Advisory Council for Sports Medicine.

December 2007 - September 2008

Athletic Trainer

New Jersey Institute of Technology, Newark, NJ

It is my responsibility as Athletic Trainer to direct every aspect of player health care for Men's Basketball. The duties include injury prevention, recognition, evaluation and immediate care of athletic injuries. It also includes rehabilitation and reconditioning of athletic injuries, education and health counseling, professional development, and health care administration.

December 2007 - October 2008

**Director of Sports Medicine
Houston Comets WNBA, Houston, TX**

As Director of Sports Medicine it is my responsibility to supervise every aspect of player health care and act as a liaison between players coaches and the public. The duties include health care administration, and Budget management.

April 2007 - December 2007

**Head Athletic Trainer
Houston Comets WNBA, Houston, TX**

It was my responsibility as Head Athletic Trainer Head Athletic Trainer to direct every aspect of player health care and act as a liaison between the players' coaches and the public. The duties include injury prevention, recognition, evaluation, and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries and health care administration. It also included rehabilitation and reconditioning of athletic injuries, education and health counseling, professional development, and health care administration.

October 2006 - April 2007

**Head Athletic Trainer/Director of Basketball Operations
Albuquerque Thunderbirds NBA Development League, Albuquerque, NM**

It was my responsibility as Head Athletic Trainer Head Athletic Trainer to direct every aspect of player health care. The duties include injury prevention, recognition, evaluation and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries It also includes rehabilitation and reconditioning of athletic injuries, education and health counseling, professional development, and health care administration. I also did Strength and Conditioning and Basketball Operations.

July 2006 - October 2006

**Head Athletic Trainer/Adjunct Professor of Athletic Training
Palm Beach Atlantic University, West Palm Beach, FL**

It is my responsibility as Head Athletic Trainer Head Athletic Trainer to direct every aspect of player health care. The duties include injury prevention, recognition, evaluation and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries, health care administration, education and counseling, and professional development were also included. I also instruct six hours per semester in the accredited Athletic Training Education Program.

June 2005 – July 2006

**Director of Sports Medicine
American Basketball Association, Atlanta Vision, Atlanta GA**

It is my responsibility as Director of Sports Medicine/Trainer to coordinate every aspect of player health care. The duties included injury prevention, recognition, evaluation and immediate care of athletic injuries; Rehabilitation and reconditioning of athletic injuries, health care administration, education and counseling, and professional development.

May 2003 – May 2006

**President
First Round Pick LLC, D.B.A. Advance Rehab, Atlanta, GA**

It is my responsibility to secure contractual, athletic training service assignments and distribute to a network of athletic trainers. The duties include health care administration, education and counseling, and injury prevention, recognition, evaluation and immediate care of athletic injuries. (Georgia Force AFL) (Atlanta Vision ABA) (DeKalb County Schools Football)

June 2001 - May 2003

**Assistant Trainer, Memphis Grizzlies
National Basketball Association, Memphis, TN**

It was my responsibility as Assistant Athletic Trainer to assist every aspect of player health care. The duties included injury prevention, recognition, evaluation and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries, health care administration, education and counseling, and professional development were also included. I was also Assistant Strength Coach and Equipment Manager.

October 2000 - May 2001

**Head Trainer
Richmond Rhythm, International Basketball League Richmond, VA**

It was my responsibility as Head Athletic Trainer to direct every aspect of player health care. The duties included injury prevention, recognition, evaluation and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries, health care administration, education and counseling, and professional development were also included. I was also Strength coach Equipment Manager and Travel Coordinator.

November 1999 - October 2000

**Head Athletic Trainer
Spelman College, Atlanta, GA**

It was my responsibility as Head Athletic Trainer to supervise every aspect of athlete health care. The duties included injury prevention, recognition, evaluation and immediate care of athletic injuries. Rehabilitation and reconditioning of athletic injuries, health care administration, education and counseling, and professional development were also included. I also acted as a liaison between the medical community, the intercollegiate athletic staff and the public.

July 1998 - August 2000

**Summer Assistant Athletic Trainer
Buffalo Bills, Buffalo, NY.**

Under the supervision of the staff athletic trainers, I assisted in the prevention of football injuries, recognition, evaluation and rehabilitation of football injuries. I was also responsible for the maintenance of the player's medical file.

CERTIFICATIONS/CONTINUING EDUCATION

- Athletic Training Certified
- Functional Movement Screenings CE
- Selective Functional Movement Assessment CE
- Integrative Dry Needling CE
- Structure and Function Dry Needling CE
- Positional Release Therapy CE
- Mulligan Concept CE
- Primal Reflex Release Therapy CE
- NASM Corrective Exercise Specialist CE
- First Aid Certified
- CPR Certified
- Water Safety Instructor
- BLS Instructor

PROFESSIONAL ORGANIZATIONS

- National Academy of Sports Medicine (NASM)
- National Athletic Trainers Association, Certified Member
- Southeast Athletic Trainers Association (District 8)
- California Athletic Trainers Association
- Georgia Athletic Trainers Association
- Phi Epsilon Kappa Fraternity
- American College of Sports Medicine
- National Strength and Conditioning Association (Professional Member)
- N.F.L. Alumni Georgia Chapter

HONORS

- City of Memphis Community Service Award (2003)
- All Army Men's Basketball Athletic Trainer Silver Medal 2010
- All Army Men's Soccer Athletic Trainer Gold Medal 2010
- Outstanding Young Man of America Award (1998 - 1999)
- Morehouse College Athletic Department Appreciation Award recipient (1997)

ACTIVITIES

- WNBA East All Star Athletic Trainer 2014
- NBA Development League Finals 2013-2014
- NBA Development league Champion 2014
- NBA Development League Athletic Trainer Liaison Elect (August 2013)
- Annual Injury Resolved Student Athletic Trainer Workshop (2013-present)
- NBA Development League Finals Santa Cruz Warriors (2012 – 2013 Season)
- Maccabi Haifa Athletic Trainer at GSW (2012 – 2013 preseason game)
- N.B.A. Development League Select Team Athletic Trainer NBA Summer League Las Vegas (July 2009 & 2012)
- N.B.A. Development League Pre Draft Medical Coordinator (June 2008 – 2009 & 2012)
- CISM Armed Forces Men's Basketball Seoul Korea 2010
- N.B.A. Development League Athletic Trainer Association Lecturer (2010)
- N.B.A. Development League Select Team Athletic Trainer NBA Summer League Las Vegas (July 2009)
- N.B.A. Development League Pre Draft Medical Coordinator (June 2008 - 2009)
- China Games N.B.A. Development League vs. Team China (November 2006)
- Health Occupations Students of America HOSA Speaker (2005 – 2006)
- Business Advisory Council (Chairman) Washington D.C. (January 2004 – 2005)
- Health Occupations Students of America HOSA Lecturer (2004 – 2005)
- Adopt a School Sponsor, Memphis City Schools, Bethel Grove Elementary (2002 - 2003)
- N.B.A. Read to Achieve Program (2001 - 2003 & 2006 - 2007)
- N.B.A. Pre Draft Camp Athletic Trainer (2001 – 2002)
- Los Angeles Summer Pro League (2001 - 2003)
- Rocky Mountain Revue (2001 - 2003)

PUBLICATIONS

- Gospel Connections Magazine *Publication* Oct – Nov 2005
- PT Solutions News Letter- 2016