

Janet E. Simon PhD, AT

Assistant Professor, Athletic Training
Ohio University
School of Applied Health Sciences and Wellness
Grover Center E150
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Academic Preparation

Education

Indiana University, Bloomington, IN

Doctor of Philosophy in Human Performance

Major: Motor Learning/Motor Control

Minor: Statistics

Conferred: May 2014

Dissertation Topic: "Patient Centered Outcomes in Former Division I Student Athletes and Non-Student Athletes"

Indiana University, Bloomington, IN

Master of Science in Applied Statistics

Conferred: May 2014

Statistical Consulting Project: "Is the President's Challenge Presidential Active Lifestyle Award Program Effective to Improve Youth's Physical Fitness?"

Ohio University, Athens, OH

Master of Science- Athletic Training

Conferred: June 2010

Thesis Topic: "Mechanomyographical and Electromyographical Responses to Single Leg Hopping in Individuals with Functional Ankle Instability"

Southern Connecticut State University, New Haven, CT

Bachelors of Science-Athletic Training

Cum Laude; Member of Honors College

Conferred: May 2008

Honors Thesis Topic: "The Effects of Eccentrically- Induced Fatigue on Ankle Proprioception"

Scholarly and Creative Activities

Journal Publications

Published Refereed Manuscripts

1. **Simon J**, Docherty CL. Health-Related Quality of Life is Lower in Former Division I Collision Athletes Compared to Contact and Limited-Contact Athletes. *Journal of Athletic Training*. 2015: In Press.
2. Tetuan K, **Simon J**, Docherty CL. The effects of Kinesio tape on the balance of people with functional ankle instability. *Journal of Athletic Training*. 2015: In Press.
3. Hall E, **Simon J**, Docherty CL. Effects of taping/bracing in decreased ROM on dynamic perturbation in individuals with a history of an ankle sprain. *Journal of Athletic Training*. 2015: In Press
4. **Simon J**, Docherty CL. Self-Reported Perceptions of Ankle Taping in Division III Collegiate Athletes: An Exploratory Study. *International Journal of Athletic Therapy & Training*. 2015: In Press.
5. Kerr Z, Marshall S, **Simon J**, Hayden R, Snook E, Dodge T, Gallo J, Valovich-McLeod T, Mensch J, Murphy J, Nittoli V, Parsons J, Ragan B, Yeargin S, Dompier T. Injury Rates in Age-Only Versus Age and-Weight Playing Standard Conditions in American Youth Football. *Orthopaedic Journal of Sports Medicine*. 2015: 3(9): 1-6.
6. Scott S, **Simon J**, Van Der Pol B, Docherty C. Risk Factors for Sustaining a Lower Extremity Injury in an Army Reserve Officer Training Corps Cadet Population. *Journal of Military Medicine*. 2015: 180(8): 910-916.
7. Dompier T, Kerr Z, Marshall S, Hainline B, Snook E, Hayden R, **Simon J**. Incidence of Concussion during Practice and Games in Youth, High School, and Collegiate American Football Players. *Journal of the American Medical Association Pediatrics*. 2015: 169(7):659-665.
8. Newell T, **Simon J**, Docherty CL. The Effects of Anti-Pronation Taping on Navicular Height Before, During, and After Exercise. *Journal of Athletic Training*. 2015: 50(8):825-832.
9. Hall E, Docherty CL, **Simon J**, Kingma J, Klossner J. Strength Training Protocols Improve the Deficits of Functional Ankle Instability. *Journal of Athletic Training*. 2015: 50(1):36-44.
10. **Simon J**, Hall E, Docherty CL. Prevalence of Chronic Ankle Instability and Associated Symptoms in Modern and Ballet University Dancers: An Exploratory Study. *Journal of Dance Medicine and Science*. 2014: 18(4):174-184.
11. **Simon J**, CL Docherty. Slower Nerve Conduction Velocity in Individuals with Functional Ankle Instability. *International Journal of Sports Medicine*. 2014: 35(9): 731-736.

Published Refereed Manuscripts (continued)...

12. **Simon J**, Garcia W, Docherty C. The Effect of Kinesio Tape on Forces Sense in People with Functional Ankle Instability. *Clinical Journal of Sports Medicine*. 2014; 24(4): 289-294.
13. Tanen L, **Simon J**, Van der Pol B, Docherty C. Prevalence of Functional Ankle Instability in high school and division I college athletes. *Foot and Ankle Specialist*.2014; 7(1): 37-44.
14. **Simon J**, Docherty C. Current Health-Related Quality of Life Is Lower in Former Division I Collegiate Athletes Than in Non-Collegiate Athletes. *American Journal of Sports Medicine*. 2014; 42(2): 423-429.
15. **Simon J**, Donahue M, Docherty C. Critical Review of Self-Reported Functional Ankle Instability Measures: A Follow Up. *Physical Therapy in Sport*.2014; 15(2): 97-100.
16. **Simon J**, Donahue M. CAT Paper: The Effect of Ankle Taping or Bracing on Creating an Increased Sense of Confidence, Stability or Reassurance when Performing a Dynamic-Balance Task. *Journal of Sport Rehabilitation*. 2013; 22(3):229-233.
17. Donahue M, **Simon J**, Docherty C. Reliability and Validity of a New Questionnaire Created to Establish the Presence of Functional Ankle Instability: The IdFAI. *Athletic Training & Sports Health Care*. 2013; 5(1):38-43.
18. Smith B, **Simon J**, Docherty C, Klossner J, Schrader J. Ankle Strength and Force Sense After a Progressive, 6-week Strength-Training Program in People with Functional Ankle Instability. *Journal of Athletic Training*. 2012; 47(3):282-288.
19. **Simon J**, Donahue M, Docherty C. Development of the Identification of Functional Ankle Instability. *Foot Ankle International*. 2011; 33(9):755-763.
20. Donahue M, **Simon J**, Docherty C. Critical Review of Self-Reported Functional Ankle Instability Measures. *Foot Ankle International*. 2011;32(12):1140-1146.

Invited/Non-Refereed Manuscripts

1. **Simon J**, Hall E, Docherty CL. The Effects of Kinesio Tape on Individuals with CAI. *Lower Extremity Review*. May 2014.
2. **Simon J**, Hall E, Docherty C. Ankle Instability Treatment Focuses on Postural Control. *Lower Extremity Review*. January 2013.

Manuscripts In Review

1. **Simon J**, Docherty CL. Physical Fitness is Lower in Former Division I Athletes than Non-Collegiate Athletes. *Journal of Sports Medicine and Physical Fitness*. 2015: In Review.
2. Bigouette J, **Simon J**, Lui K, Docherty C. Altered Vertical Ground Reaction Forces Found In Participants With Chronic Ankle Instability while Running. *Journal of Athletic Training*. 2015: In Review.

Manuscripts in Progress

1. **Simon J**, Snook E, Docherty CL, Snyder A, Kerr Z, Hayden R, Marshall S, Dompier T. Patient-Reported Health-Related Outcomes in Secondary School Student-Athletes Following Sport Related Injuries of the Lower Extremity.
2. **Simon J**, Snook E, Docherty CL, Snyder A, Kerr Z, Hayden R, Marshall S, Dompier T. Patient-Reported Health-Related Outcomes in Secondary School Student-Athletes Following Sport Related Injuries of the Upper Extremity.
3. Docherty CL, **Simon J**, Donahue M, Hall E. Significant Predictors of Health Related Quality of Life in Former Division I Athletes.
4. Allen A, **Simon J**, Docherty CL. Underlying theoretical components of the Functional Movement Screen (FMS).
5. **Simon J**, Phegley N. The Effect of Kinesiotaping in Improving Balance in Athletes with Chronic Ankle Instability: A Critically Appraised Topic.
6. Donahue M, **Simon J**, Docherty CL. Current Practices in the Management and Rehabilitation of Lateral Ankle Sprains in the College and High School Setting.
7. **Simon J**, Donahue M, Docherty CL. Current Practices in the use of Ankle Taping and Bracing in the College and High School Setting.

Presentations

Refereed Platform Presentations

1. **Simon J**, Docherty CL. Current Health-Related Quality of Life in Older Adults with Chronic Ankle Instability. Presented at the International Ankle Symposium. Dublin, Ireland October 2015. *British Journal of Sports Medicine*. 2015; 49(Suppl 1): A10.
2. Docherty CL, **Simon J**, Donahue M, Hall E. The Occurrence of Lateral Ankle Sprains in Collegiate Athletes with and without Chronic Ankle Instability. Presented at the International Ankle Symposium. Dublin, Ireland October 2015. *British Journal of Sports Medicine*. 2015; 49(Suppl 1): A2.

Refereed Platform Presentations (continued)...

3. **Simon J**, Docherty CL. Current Physical Fitness Level is a Predictor of Health-Related Quality of Life in Former Division I Athletes. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, St. Louis, MO June 2015. (**Doctoral Oral Finalist**) *Journal of Athletic Training*. 2015; 50(6) S-92.
4. Tetuan K, **Simon J**, Docherty CL. Extended Use of Kinesiology Tape Improves Balance in Subjects with Chronic Ankle Instability. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, St. Louis, MO June 2015. *Journal of Athletic Training*. 2015; 50(6) S-17.
5. Dunn F, Means W, Hall E, **Simon J**, Docherty C. The Effect of Instrument Assisted Soft Tissue Mobilization Using the Graston Technique® on Plantar Fascia Pathology Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, St. Louis, MO June 2015. *Journal of Athletic Training*. 2015; 50(6) S-42.
6. Scott S, **Simon J**, Van Der Pol B, Docherty C. Risk Factors for Sustaining a Lower Extremity Injury in an Army Reserve Officers' Training Corps (ROTC) Cadet Population. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, St. Louis, MO June 2015. *Journal of Athletic Training*. 2015; 50(6) S-62.
7. **Simon J**, Docherty CL. Health-Related Quality of Life is Lower in Division I Collision Athletes Compared to Contact and Non-Contact Division I Athletes. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-33.
8. Dompier TP, Hayden R, Snook EM, **Simon J**, Marshall SW. Epidemiology Of Injuries And Treatments In Twenty-Five High School Sports: Preliminary Analyses From The National Athletic Treatment, Injury And Outcomes Network (NATION). Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-37.
9. Hayden R, Snook EM, **Simon J**, Marshall SW, Dompier TP. Epidemiology Of Injuries in Age-Only and Age-Weight Playing Standards in Youth Football. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-38.
10. Allen AE, Forbing M, **Simon J**, Chapman R, Docherty CL. Differences In Performance Of The Functional Movement Screen Between Men And Women Division I Athletes. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-82.
11. LoCicero S, **Simon J**, Docherty CL. The Immediate Effects of a Talar Repositioning Taping On Ankle Range of Motion in Dancers. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. (**Master's Oral Finalist**) *Journal of Athletic Training*. 2014; 49(3) S-84.

Refereed Platform Presentations (continued)...

12. Hall EA, **Simon J**, Docherty CL. Differences In Total Inversion Range Of Motion With And Without Prophylactic Ankle Support During Dynamic Sudden Inversion. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. **(Doctoral Oral Finalist)** *Journal of Athletic Training*. 2014; 49(3) S-88.
13. **Simon J** and Docherty CL. Self-Reported Perceptions of Ankle Taping in Division III Collegiate Athletes: An Exploratory Study. Great Lakes Athletic Training Association Winter Symposium. Oral Presentation, Chicago, IL. March 2014.
14. Hall EA, **Simon J**, Docherty CL. Differences in Perceived Ankle Instability with and without Prophylactic Ankle Support during Dynamic Sudden Inversion. Great Lakes Athletic Training Association Winter Symposium. Chicago, IL. March 2014.
15. Tanen L, **Simon J**, Van der Pol B, Docherty C. Prevalence of Functional Ankle Instability in high school and division I college athletes. Presented at the National Athletic Trainers' Association Annual Convention, Las Vegas, NV June 2013. *Journal of Athletic Training*. 2013; 48(3) S-75.
16. **Simon J**, Donahue M, Docherty C. Development of the Identification of Functional Ankle Instability (IdFAI). Presented at the International Ankle Symposium. Lexington, KY October 2012.
17. Docherty C, Donahue M, **Simon J**. Critical Review of Self-Reported Functional Ankle Instability Measures. Presented at the International Ankle Symposium. Lexington, KY October 2012.
18. **Simon J**, Donahue M, CL Docherty. Development of the Identification of Functional Ankle Instability (IdFAI). Presented at the National Athletic Trainers' Association Annual Convention, St. Louis, MO June 2012. *Journal of Athletic Training*. 2012; 47 (3) S-33.
19. Schulmeyer SJ, Docherty CL, **Simon J**, Schrader J, Grover CA. How do Ankle Taping Methods Affect Ankle Range of Motion and Functional Performance Measures? Presented at the National Athletic Trainers' Association Annual Convention, St. Louis, MO June 2012. *Journal of Athletic Training*. 2012; 47 (3) S-70.
20. VanWagoner RV, Docherty CL, **Simon J**. Self-Adherent Underwrap Maintains Range of Motion Restriction After Exercise. Presented at the National Athletic Trainers' Association Annual Convention, St. Louis, MO June 2012. *Journal of Athletic Training*. 2012; 47 (3) S-71.
21. Donahue M, **Simon J**, CL Docherty. Critical Review of Self-Reported Functional Ankle Instability Measures. Presented at the National Athletic Trainers' Association Annual Convention, New Orleans, LA June 2011. *Journal of Athletic Training*. 2011; 45 (2) S-52.

Refereed Poster Presentations

1. Donahue M, **Simon J**, Docherty CL. Current practices in management of lateral ankle sprains in the collegiate and high school setting. Presented at the International Ankle Symposium. Dublin, Ireland October 2015. *British Journal of Sports Medicine*. 2015; 49(Suppl 1): A14.
2. Hall E, **Simon J**, Docherty CL. The differences in rate of inversion and perceived instability during a dynamic perturbation in those with and without CAI. Presented at the International Ankle Symposium. Dublin, Ireland October 2015. *British Journal of Sports Medicine*. 2015; 49(Suppl 1): A15.
3. Bigouette J, **Simon J**, Liu K, Docherty C. Altered Vertical Ground Reaction Forces in Participants with Chronic Ankle Instability While Running. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, St. Louis, MO June 2015. *Journal of Athletic Training*. 2015; 50(6) S-255.
4. Newell TG, Docherty CL, **Simon J**. The Effects of Two Arch Taping Techniques on Navicular Height and Plantar Pressures throughout Exercise. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-183.
5. Docherty CL, **Simon J**, Hall EA. The Prevalence of Chronic Ankle Instability in Army Reserve Officer Training Corps Cadets. Presented at the National Athletic Trainers' Association Clinical Symposia & AT Expo, Indianapolis, IN June 2014. *Journal of Athletic Training*. 2014; 49(3) S-225.
6. **Simon J**, CL Docherty. Nerve Conduction Velocity changes in Individuals with FAI. Presented at the American College of Sports Medicine Meeting, Indianapolis, IN May 2013. *Medicine and Science in Sports and Exercise*, 2013; Volume 45:5 Supplemental.
7. Hall EA, Docherty CL, **Simon J**, Kingma J, Klossner J. Strength-training Protocols Improve Functional Performance and Perceived Ankle Instability in Participants with Functional Ankle Instability. Presented at the American College of Sports Medicine Meeting, Indianapolis, IN May 2013. *Medicine and Science in Sports and Exercise*, 2013; Volume 45:5 Supplemental.
8. Hall E, Docherty C, **Simon J**, Kingma J, Klossner J. Strength Training Protocols Improve the Deficits of Functional Ankle Instability. Presented at the National Athletic Trainers' Association Annual Convention, Las Vegas, NV June 2013. **(Doctoral Poster Finalist)** *Journal of Athletic Training*. 2013; 48(3) S-155.
9. Donahue M, **Simon J**, Docherty C. Critical Review of Self-Reported Functional Ankle Instability Measures: A Follow Up. Presented at the International Ankle Symposium. Lexington, KY October 2012.
10. Donahue M, **Simon J**, CL Docherty. Critical Review of Self-Reported Functional Ankle Instability Measures: A Follow Up. Presented at the National Athletic Trainers' Association Annual Convention, St. Louis, MO June 2012. **(Doctoral Poster Winner)** *Journal of Athletic Training*. 2012; 47 (3) S-134.

Refereed Poster Presentations (continued)...

11. Docherty CL, **Simon J**, Donahue M. Prevalence of Functional Ankle Instability in a College Age Population. Presented at the National Athletic Trainers' Association Annual Convention, St. Louis, MO June 2012. *Journal of Athletic Training*. 2012; 47 (3) S-179.
12. **Simon J**. Mechanomyography and Electromyography Responses during Single-leg Hopping in Participants with Functional Ankle Instability. Presented at Ohio Athletic Trainer's Association Conference Columbus, OH 2010.
13. **Simon J**. The Effects of Eccentrically-Induced Fatigue on Ankle Proprioception. Presented at National Athletic Trainer's Association Symposium St. Louis, MO 2008. *Journal of Athletic Training*. 2008;43 (3) S-96.

Invited Platform Presentations

1. Docherty CL, **Simon J**. Evidence Based Practice Approved Featured Oral Presentation: An Overview of the Effectiveness of Kinesiology Tape in Treating Musculoskeletal Injuries. Great Lakes Athletic Trainers Association Meeting. 2015.
2. **Simon J**, Docherty C. Health Related Quality of Life in Former Division I Athletes and Non-Athletes. Presented at the Datalys Center for Sports Injury Research and Prevention Conference. Indianapolis, IN May 2013.
3. Hayden RM, Dompier T, **Simon J**, Wilhelm K, Snook EM, Moyer M. Youth Football Safety Study: Descriptive injury epidemiology from an Indiana youth football league. Presented at the 9th Annual St. Vincent Health Research Symposium, June 2013.
4. Docherty CL, **Simon J**. Utilization of Self-Report Questionnaires to Identify Patients with Functional Ankle Instability. Art & Science of Sports Medicine. Charlottesville, VA May 29, 2012.

Clinical Workshops

1. **Simon J**. Evidence Based Practice BOC Approved Course Conducted at University of Toledo: "It's Not Just an Ankle Sprain: Best Practice for the Management of Ankle Sprains" Presentation Title: Can Taping and/or Bracing Prevent the Occurrence of Lateral Ankle Sprains?

Media Highlights

1. Real Sports with Bryant Gumbel Interview: "NCAA Injuries and Roundtable" April 2015.
2. National Public Radio Interview: Shute, Nancy. "Dunk Now, Pay Later: Elite College Players May Suffer in Middle Age." 3 March 2014. *NPR*. March 2014.
3. Medline Plus Interview: Preidt, Robert. "For Many College Athletes, the Payoff is Lifelong Disability." 5 March 2014. *Medline Plus*. March 2014.

Grants

External Grants

- Source:** Ohio Athletic Trainers' Association
Title: Exposure to Catastrophic Athletic Injury Events and Burnout among Athletic Trainers
Primary Investigator: Estock, P
Co-Investigator: Simon, J
Role: Co-Investigator; Faculty Advisor
Period: 11/15/2015
Description: Masters Student Research Grant
- Source:** Delsys
Title: The Brain Behind the Signal: Brain-Muscle Activation Coupling
Primary Investigator: Grooms, DR
Co-Investigators: Simon J, Yom J
Role: Co-Investigator
Period: 9/29/2015
Description: Industry award of approximately \$20,000 EMG equipment for novel research.
- Source:** Indiana Athletic Trainers' Association Research Grant
Title: Evaluation of Using Six Standard Fitness Tests in Former Division I athletes and Non-Athletes
Primary Investigator: Simon, J
Co-Investigators: Docherty, CL
Role: PI, primary author
Period: 2013
Description: State Athletic Trainers Research Grant; \$250

Internal Grants

- Ohio University Start Up \$131,046
Risk Factors for Sustaining a Lower Extremity Injury in a Sample of Marching Band Participants
Patient Reported Outcomes in Individuals who Need Surgical Intervention
Risk Factors for Sustaining a Lower Extremity Injury in a Sample of University Dancers
Health-Related Quality of Life in Adolescents Sustaining an Acute Injury
- School of Public Health Graduate Student Fellowship 2013 \$5000
- Indiana University SPH Research Grant-in-Aid 2013 \$1000
Patient Centered Outcomes in Former Division I Student Athletes and Non Division I Student Athletes.
- School of Public Health Graduate Student Fellowship: 2012 \$2500
- School of Public Health Graduate Student Fellowship: 2011 \$5000
- Indiana University HPER Research Grant-in-Aid 2011 \$500

Professional Experience

Teaching

Assistant Professor

Ohio University 2015-present
AT 3921-Practicum in Athletic Training III
AT 6220-Athletic Training Research I
AT 6940-Athletic Training Research Project

Visiting Assistant Professor

University of Toledo 2014-2015
KINE 1110-Introduction to Athletic Training
KINE 1660-Athletic Training Taping Techniques
KINE 2630-Clinical Anatomy for Athletic Training (Lower Extremity)
KINE 2640-Clinical Anatomy for Athletic Training (Upper Extremity)
KINE 2710-Clinical Skills I (Care & Prevention, Taping/Bracing)
KINE 2720-Clinical Skills II (Lower Extremity Evaluation)
KINE 3710-Clinical Skills III (Upper Extremity Evaluation)
KINE 3720-Clinical Skills IV (Therapeutic Modalities)
KINE 4710-Clinical Skills V (Rehabilitation of Athletic Injuries)
KINE 4720-Clinical Skills V1 (BOC Prep)
KINE 4640-Neuromechanics of Rehabilitation
KINE 6230-Scientific Writing/Research Methods

Associate Instructor

Indiana University 2010-2014
P280-Principles of Athletic Training and Emergency Care
P205-Structural Kinesiology Lab Instructor
A610-Introduction to Athletic Training Research

Work Experience

Datalys Center for Sports Injury Research Indianapolis, IN 2011-2014
Project Manager
-USA Football Youth Football Safety Research Study

Indiana University Health-Bloomington Hospital 2013-2014
PRN Athletic Trainer

Indiana University Health-Paoli Hospital 2010-2013
PRN Athletic Trainer

Ohio University Football, Cheerleading, Spring Volleyball 2008-2010
Graduate Assistant Athletic Trainer

Mentoring

Ohio University

Masters Student Theses (Chair)

1. Megan Richason. *Assessment of Concussion Knowledge in Parents, Student-Athletes, and Coaches pre and post Intervention*. 2017.
2. Erika Lee. *Neurocognitive, Balance and Patient Reported Outcomes Over the Course of a Football Season*. 2017.

Masters Student Theses (Committee Member)

1. Kevin Morris. *Incidence of Chronic Injuries in Youth and High School Football Players*. 2016.

Masters Student Projects (Chair)

1. Katlyn Brown. *The Relationship Between Mental Toughness and Health-Related Quality of Life*. 2017.
2. Lauren Coccia. *Risk Factors for Sustaining a Lower Extremity Injury in a Sample of Marching Band Participants*. 2017.
3. Patty Estock. *Athletic Trainers Response to Medical Trauma*. 2017.
4. Paige Mielke. *Establishing a Clinical Measure for Force Control*. 2017.
5. Nathan Millikan. *The Effect of a Long Bout of Exercise on Balance, Lower and Upper Extremity Reaction Time*. 2017.
6. Todd Sabol. *Functional Pre Participation Exam Over the Course of a Football Season*. 2017.
7. Ashley Gray. *Assessment of Concussion Knowledge in Collegiate Soccer Coaches*. 2016.

Masters Student Projects (Co-Chair)

1. Nikki Jackson. *Neurocognitive Deficits in Individuals with Chronic Ankle Instability*. 2017.
2. Aimee Cline. *The Use of STOP SPORT Injuries in Educating Parents, Coaches, and Student-Athletes*. 2016.
3. Jessica Klugh. *Patient Reported Outcomes in High School Athletes After Acute Injury*. 2016.
4. Megan Lebovitz. *Comparing the Efficacy of Long-Term Cryotherapy, Short-Term Cryotherapy, and Compression Therapy in the Treatment of Lateral Ankle Sprains*. 2016.

University of Toledo

Masters Student Theses (Thesis Committee Member)

1. Brianna Camp. *Effects of Long-Term Ankle Bracing on Functional Sport Performance*

Measures. 2016.

2. Kyle Patrick. *Determining Normative Plantar Pressure Measures in Healthy Physically Active Adults*. 2016.
3. Mike Uzelac. *Most Commonly Asked Nutritional Questions for Athletic Trainers*. 2016.
4. Rachel Wright. *Correlation of the Knee Injury and Osteoarthritis Outcome Survey and the Landing Error Scoring System for Detecting Biomechanical Deficiency in Physically Active Females*. 2016.
5. Patrick Yurkanin. *An Assessment of Perceived Wellness and Hardiness in Graduate Assistant Athletic Trainers*. 2016.

Undergraduate Senior Research Projects

1. Kari Leatherman. *The Effects of Traction on Individuals with Low Back Pain: A CAT Paper*. 2015.
2. Kathryn Vaisch. *The Assessment of Physical and Emotional Burnout in Collegiate Athletes After a Competitive Season*. 2015.

Indiana University

Doctoral Student Mentor

1. John Bigouette. *Examining the joint kinematics of people suffering functional ankle instability during running*. 2014.
2. Kristen Tetuan. *The effects of Kinesio tape on the balance of people with functional ankle instability*. 2014.
3. Sam Scott. *Prevalence of lower extremity injuries in association with activity and footwear type in Army ROTC cadets*. 2014.

Doctoral Student Mentor (continued)...

4. Mark Forbing. *Sex Differences on the Functional Movement Screen (FMS)*. 2014.
5. Tim Newell. *The Effects of Anti-Pronation Taping on Navicular Height Before, During, and After Exercise*. 2013.
6. Alyssa McPherson. *Ground Reaction Forces in Ballet: Differences according to footwear and jump condition*. 2013.
7. Sara LoCicero. *The immediate effect of talar repositioning on ankle range of motion in dancers*. 2013.
8. Ashley Allen. *Underlying theoretical components of the Functional Movement Screen*

(FMS). 2013.

9. Emily Hall. *Effects of proprioceptive neuromuscular function and strength training on strength development, dynamic balance, and functional performance in subjects with functional ankle instability.* 2012.

10. Leah Tanen. *Prevalence of Functional Ankle Instability in High School and Division I Athletes.* 2012.

Awards and Honors

- | | |
|---|-----------|
| 1. Doctoral Scholarship: NATA Research and Education Fund: \$2300
GLATA Living Memorial Doctoral Scholarship | 2010 |
| 2. Outstanding Graduate Student: Ohio University | 2010 |
| 3. Dean's List Ohio University | 2008-2010 |
| 4. Lloyd Barrow Senior Athletic Training Student Award | 2008 |
| 5. Connecticut Athletic Trainers' Association Undergraduate Scholarship | 2007 |

Professional Affiliations/Certifications

Certifications

1. BOC Certification (#060802445)
2. Ohio Licensed Athletic Trainer (#AT.003061)
3. American Red Cross CPR and AED Certified (expires 08/2017)

Affiliations

1. National Athletic Trainers' Association
2. Great Lakes Athletic Trainers' Association
3. Ohio Athletic Trainers' Association
4. American Statistical Association

Professional Service Activities

National or State Professional Service

- | | |
|--|--------------|
| 1. BOC Item Writer | 2013-present |
| 2. BOC Home Study Reviewer | 2013-2014 |
| 3. Indiana Athletic Trainers' Association Young Professionals' Committee | 2012-2014 |
| 4. Indiana Athletic Trainers' Association Quiz Bowl Coordinator | 2011-2014 |
| 5. NATA Annual Meeting Proposal Reviewer | 2011-present |

Journal Reviewer

- | | |
|---|--------------|
| 1. Athletic Training and Sports Health Care | 2013-present |
| 2. Physical Therapy in Sport | 2013-present |
| 3. Journal of Athletic Training | 2011-present |
| 4. Journal of Sport Rehabilitation | 2011-present |

Institutional Service Activities

School Committee

1. School of Applied Health Sciences and Wellness Scholarship and Governance Committee 2015